

Volunteer, Inmate Leisure Time & Self-Help Program Inventory 2010

VALLEY STATE PRISON FOR WOMEN (VSPW) 21633 Avenue 24 Chowchilla, CA 93610		Pete Untalon Community Resource Manager (559) 665-6100
	Name of Program	Summary Description
1	A Place Called Self	Gender responsive recovery program designed to help women deal with their addiction
2	A Women's Way	A 12-step program designed to help women deal with addiction
3	Alcoholic Anonymous (AA)	12-step recovery program where inmates learn to acknowledge alcohol addiction and the need to live a sober life
4	Alternative to Violence (AVP)	Volunteers come in and teach how to deal with anger in a positive manner
5	Battered Women	Support group for women who have been in abusive relationships
6	Beta Gamma Delta-Academic Honor Sorority	Encourage members to participate in college level academic programs
7	Beyond Incarceration	Inmate education offered by two Superior Court Judges regarding drug/alcohol abuse
8	Beyond Trauma	Support group for women who have faced trauma or tragedy
9	Coalition for Cultural Awareness (CCA)	Encourages participation in academic and vocational programs and extra curricular activities
10	CoDependency (CODA)	Allows inmates to examine destructive relationships that lead to substance abuse
11	Community Choir	Inmate choir

Volunteer, Inmate Leisure Time & Self-Help Program Inventory 2010

VALLEY STATE PRISON FOR WOMEN (VSPW) 21633 Avenue 24 Chowchilla, CA 93610		Pete Untalon Community Resource Manager (559) 665-6100
	Name of Program	Summary Description
12	Crossroads	Allows at-risk youth to come into the institution and hear inmate testimonies to discourage them from negative behavior
13	Domestic Violence	Support group for women who are victims of domestic violence
14	Forgiven and Set Free	Support group for women who have had an abortion
15	Freedom to Choose	Program which teaches basic communication skills
16	Friend 2 Friend Mentoring Program	Volunteers visit inmates weekly through visiting as a mentoring relationship
17	Getting Out by Going In (GOGI)	Program designed to help women change their behavior
18	Healthy Steps	Weight loss and health education group
19	I Want My Life Back	Designed to help re-offenders regain social and coping skills
20	Lighthouse	This is a housing facility for inmates that are disciplinary free, allowing them certain privileges and inspiring other inmates
21	Long Termers' Organization (LTO)	Meets concerning lifer Issues, updates on current laws
22	Meditation Class	Learning self-control by the relaxation method taught in meditation

Volunteer, Inmate Leisure Time & Self-Help Program Inventory 2010

VALLEY STATE PRISON FOR WOMEN (VSPW) 21633 Avenue 24 Chowchilla, CA 93610		Pete Untalon Community Resource Manager (559) 665-6100
	Name of Program	Summary Description
23	Mother's Voice	Allows inmates to read and tape children's story books by volunteer teachers to send to their children
24	Narcotics Anonymous (NA)	12-step recovery program where inmates learn to acknowledge narcotics addiction and the need to live a sober life
25	Networking	Provide a forum for personal growth and development, and unified support system both inside and out of prison
26	Prison of Peace	Conflict resolution and peacemaking group
27	Restorative Justice	Victim awareness group which teaches inmates how their crimes has affected others and their community
28	Silver Bells	Allows senior inmates 55 and over for sharing ideas, resources and information that will assist them
29	Step Out Approved & Renewed (SOAR)	A teaching class involving a framework for prisoner transition
30	Veterans Group	A support group for veterans and inmates with family serving in the military

Updated annually in May